



Saturday October 8th 2011 --- Rice Field --- 2001 Dayton-Cincinnati Rd --- Miamisburg Ohio
3:30 PM --- Registration Opens 4:30 PM --- Run / Walk Begins

DID YOU KNOW...That Von Willebrand's disease is the most common bleeding disorder, affecting about 1% to 2% of the population, and various types of blood cancers affect thousands more?

DID YOU KNOW...That the treatment of a common bleeding disorder, hemophilia, ranks among the most expensive chronic diseases in the United States? The total cost per person ranges from \$60,000 to \$150,000 annually.

DID YOU KNOW...That in the United States, 1.5 to 4 million women have a bleeding disorder, and up to 2 million American women have a bleeding disorder and don't know it?

DID YOU KNOW...That many bleeding disorders are inherited genetic defects and will not be "naturally cured" over time? In fact, unless a cure is found, all bleeding disorders are a life-long disability that slowly encumber a person's joints, can cause uncontrollable bleeds, and can be life-threatening if left untreated.

The Bleeding Disorder Awareness 5K Run/Walk (BDA 5K) was created to raise money for individuals in our community that are affected with bleeding disorders. The Southwestern Ohio Hemophilia Foundation (SWOHF) provides education, awareness, and support to those in our community and their families that are affected by bleeding disorders. For the majority of those diagnosed with a bleeding disorder, it is something they will carry with them for the rest of their lives. With your help, we can find a cure and make life easier for individuals that suffer from bleeding disorders in our community. 100% of all race proceeds will go to SWOHF in their battle for finding a cure.

To hear more about SWOHF and how they support individuals in our community with bleeding disorders, visit their website at www.swohiohemophilia.org. To hear more about Labor of Love Ministries, visit their website at www.LaborOfLoveMinistries.org or visit their Facebook page.

Race participants are encouraged to ask friends, family, and co-workers to sponsor them on a \$\$\$ per mile basis for this run/walk. Awards will be given for the fastest runners in their age category and we encourage everyone in the family to participate! Runners, joggers, and walkers are all welcome and we look forward to a great event!

*****GRAND PRIZE: PARTICIPANT WITH THE HIGHEST DOLLAR AMOUNT IN DONATIONS WILL WIN NEW APPLE IPAD2!!!** (Minimum of \$500 collected) www.apple.com/ipad ***

TO GET MORE INFORMATION ABOUT THIS EVENT AND THE CAUSE, PLEASE EMAIL US AT BD5K@LABOROFFLOVEMINISTRIES.ORG. DONATIONS WILL BE ACCEPTED ONLINE UNTIL OCTOBER 8TH AND ALL PROCEEDS WILL GO TO SWOHF FOR ADVOCACY, SUPPORT AND RESEARCH FOR INDIVIDUALS IN OUR COMMUNITY THAT SUFFER FROM BLEEDING DISORDERS. VISA, MASTERCARD AND AMERICAN EXPRESS ARE ACCEPTED AT OUR SECURE SITE WWW.LABOROFFLOVEMINISTRIES.ORG/GIVE. ALL CHECKS CAN BE MADE PAYABLE TO LABOR OF LOVE MINISTRIES