

The 11th Annual...

Make a difference...

Save a life!

5K race/walk



To benefit

Suicide Prevention Center, Inc.

Saturday, April 4, 2009

10 a.m.

Wegerzyn Gardens MetroPark

Dayton, Ohio 45414

co-sponsored by:



We invite you, your family and friends to participate in our 5K Run/Walk to benefit Suicide Prevention Center, Inc. The center is comprised mostly of volunteers who answer the crisis hotlines and provide help to people who are feeling overwhelmed. Your participation in this race, along with your donation, will help Suicide Prevention Center serve the crisis needs of the people of the greater Miami Valley.

**Suicide facts:**

More than 2 million people complete or attempt suicide annually in the U.S.

Suicide is the second leading cause of death for youth ages 14-25.

Suicide is preventable! If you know what to look for and what to do, you can save a life.

**REGISTRATION INFORMATION:**

Please fill out the attached form and mail to:

5K Race/Walk  
c/o Suicide Prevention Center, Inc.  
P.O. Box 1393  
Dayton, OH 45401-1393

To register online or to download this form visit [www.suicidepreventioncenter.tk](http://www.suicidepreventioncenter.tk) (click on **Fundraising Events**). For more information contact : (937) 226-0818.

Race fees:  
Received by March 20, 2008.....\$10  
Specially designed t-shirt.....\$10  
(**must be ordered before March 25, 2008**)  
After March 20, entry fee is..... \$12  
Race day registration begins at 8:30 a.m.  
Event is rain or shine; no refunds.

**AWARDS:**

Awards will be presented to overall winners and the male and female winners in the following age groups: under 8, 8-10, 11-13, 14-16, 17-19, 20-29, 30-39, 40-49, 50-59 60 and over.

**DIRECTIONS TO WEGERZYN GARDENS METROPARK;**

North on Riverside to Siebenthaler. Turn right on Siebenthaler, go across bridge, then turn left. Wegerzyn Gardens address is 1301 E. Siebenthaler Ave., Dayton, OH 45414.

Make a difference...save a life!  
5K race/walk  
Registration form

Name\_\_\_\_\_

Address\_\_\_\_\_

City State Zip

E-mail\_\_\_\_\_

Phone\_\_\_\_\_

Male Female Age

Select a t-shirt size: child S, M or L; adult S, M, L, XL, or XXL.

Registration fee: \$\_\_\_\_\_

(does not include T-shirt)

T-shirt (additional \$10 each) \$\_\_\_\_\_

Donation to Suicide Prevention

Center, Inc. (optional) \$\_\_\_\_\_

Total enclosed: \$\_\_\_\_\_

(Make checks payable to Suicide Prevention Center, Inc.)

In consideration of the acceptance of my entry, I hereby waive on behalf of my heirs, executors, and assigns, all claims arising from my participation in the Make a difference...5K, and do hereby release the Suicide Prevention Center, all sponsors, Montgomery County, the city of Dayton, Key Sports and Business promotions, Inc. their representatives, employees, officials, volunteers, successors, and assigns for any and all injuries and damage to me or my property in said event; and agree to hold above listed harmless from any claims. I attest and verify that I am physically fit and understand the risks for such race/walk and have trained adequately in preparation.

Signature\_\_\_\_\_Date\_\_\_\_\_

(Parent or guardian if under 18)